

# YOUR HEALTH INFORMATION, YOUR RIGHTS!

→ HIPAA (Health Insurance Portability and Accountability Act of 1996) gives you the right to:<sup>1</sup>

ACCESS YOUR HEALTH INFORMATION

COLLECT A PAPER OR AN ELECTRONIC RECORD

ASK YOUR CLINIC TO CORRECT ANY ERRORS YOU FIND

 Beware of information blocking! You cannot be denied access to your medical data.<sup>2</sup>

How do I know if my clinic or healthcare provider use an EHR (Electronic Health Record)?



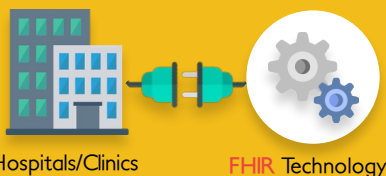
**ASK!**

Your clinic should provide electronic access to your data through their patient portal.

82%

64%

About **82%** of hospitals and **64%** of clinicians currently use special technology called **FHIR®** (Fast Healthcare Interoperability Resources) to provide you with access to your data.<sup>3</sup>



Instead of having a separate portal for each of your clinics or healthcare providers, MyLinks makes it easy for you to gather and store **ALL** your health data in one location!

What should I do with my Electronic Health Records?

Safely gather, manage, and share your health records using MyLinks! **It's Free!**

Patient Portal



1. Visit [MyLinks.com](https://www.mylinks.com) to start using the application. MyLinks works on a PC and on any device!
2. Search for your clinic in the MyLinks app under "Gather Health Records."
3. You'll need your username and password for each portal you want to collect your health data from. If you don't have this information, speak with your clinic about gaining access to their patient portal.



**Don't see your clinic listed in MyLinks?**

Email [Support@MyLinks.com](mailto:Support@MyLinks.com) with the name of your clinic and we'll contact them about connecting with MyLinks.